

OVERVIEW AND SCRUTINY PERFORMANCE BOARD 25 MAY 2016

DRAFT SCRUTINY REPORT: INCREASING PHYSICAL ACTIVITY

Summary

1. The Overview and Scrutiny Performance Board (OSPB) is asked to consider and approve the attached draft scrutiny report of the Increasing Physical Activity Scrutiny Task Group.

Background

2. In February 2015, the Overview and Scrutiny Performance Board discussed the Worcestershire Public Health Annual Report 2014. A main theme of the annual report was how to increase opportunities for participation in physical activity. The County Council was keen to ensure that opportunities to access sport and physical activity were available to all, and scrutiny members were also interested to find out what impact the 2012 Olympics had had on participation rates.
3. Therefore, in April 2015, the OSPB added Increasing Physical Activity to the 2015 scrutiny work programme, which was subsequently approved by Council in May 2015.
4. The Board approved the scrutiny proposal on 8 June 2015.

Terms of Reference

5. The Terms of Reference for the scrutiny exercise were to examine and make recommendations on:
 - Current physical activity rates in Worcestershire;
 - What is the County Council's role in promoting physical activity?
 - How is the County Council working with partners to enable more people to take part in physical activity and sport?
 - What can the County Council do to help increase physical activity rates in order to meet the Chief Medical Officer recommendations of 30 minutes a day, 5 days and week?

OSPB's Role

6. One of the OSPB's roles is to monitor the quality of scrutinies that are carried out to ensure that scrutiny reports are robust and evidence based, and that they follow the terms of reference agreed by the OSPB.

7. To help with this, the Task Group's lead has provided the OSPB with regular verbal updates on the progress of the scrutiny.

Next Steps

8. Once the Board is content, the scrutiny report will be considered at Cabinet on 16 June 2016.

Purpose of the Meeting

9. The OSPB is now invited to consider, comment on and approve the attached Scrutiny Report.

Supporting Information

Appendix 1- Draft Scrutiny Report - Increasing Physical Activity in Worcestershire

Contact Points

County Council Contact Points

County Council: 01905 763763

Worcestershire Hub: 01905 765765

Email: worcestershirehub@worcestershire.gov.uk

Specific Contact Points for this report

Alyson Grice and Samantha Morris, Overview and Scrutiny Officers, 01905 844962/844963, scrutiny@worcestershire.gov.uk

Background Papers

In the opinion of the proper officer (in this case the Head of Legal and Democratic Services) the following are the background papers relating to the subject matter of this report:

- Agenda and minutes of the OSPB meetings on 26 February 2015, 23 April 2015 and 8 June 2015.
- [All agendas and minutes are available on the Council's website here.](#)